

"The most effective, timely information on helping young people. Intended for schools, institutions and home."

Dr. Mayer's Memo

Volume 24, Issue 01



Feel free to send this Memo to a colleague, friend or parents. I just ask to always do so in its entirety.

Presented to you by:
CFYR Publishing, Inc.

New Reader?
To get on the email list for these Memos, send Dr. Mayer an email. There is no charge for this resource.

Caring and commitment through excellence.

Contact Information:
Dr. John E. Mayer
25 East Washington Street
Suite 1615
Chicago, IL 60602
Phone: 312-917-1240
Email: JMayer2@AOL.com

Please visit my web site for more information and back copies of Mayer's Memo:

www.DrJohnMayer.com

Dr. Mayer is available to personally care for troubled youth and families, crisis calls, consultations, and presentations.

SPECIAL ANNOUNCEMENTS

WWW.NOGGINPOWER2.COM

Downloadable Books for Parents:
GETTING GREAT GRADES
PREVENTING DRUG USE
MAKING FRIENDS
BETTER SLEEP
STOP SMOKING
GANG/VIOLENCE PREVENTION
BULLYING & TEASING

Downloadable books for Schools:
A SAFE AND WELCOMING SCHOOL

A COMPREHENSIVE PROGRAM TO PREVENT AND END BULLYING AND TEASING.

SEE DR. MAYER'S BOOKS ON:
KINDLE
AMAZON
PAYLOADZ
iBOOKS

24 Years of Memos!!

Yep, this is my 24th year of sending out helpful information to help your work with young people and their parents.

Bullying and Teasing: Are we doing enough?

18 years ago, yes, 18 years ago I was in the vanguard of calling attention to this problem of kids bullying and teasing and the severe consequences it can inflict. My simple, cost effective intervention template for schools has been widely praised as a doable efficient plan for schools to implement.

(www.nogginpower2.com)

But, with all this attention to this common problem among students. I must ask the question whether we are doing enough to stop the damage this problem causes?

We are getting the word out to students and parents on how to curb these issues

BUT, are we doing enough INSIDE our schools? Posters with a ferocious bulldog on our front doors are not enough.

But, as you may know if you have been reading these Memos over the years, I'm not a fan of any program that is just posters and handouts for students. They might as well be smoke and mirrors. And, don't get me started on the one-shot, once each year presentations, especially celebrity talks.

The most effective prevention is the human interaction that takes place between the school staff and the students. Modeling and mentoring appropriate behavior and extinguishing inappropriate behavior.

(Keep reading at top right column.)

Getting your school staff on board with anti-bullying efforts is the next push. And lawmakers are going to watch what happens inside schools more closely. In New Jersey a new law was passed that goes into effect Sept.1,2011. Called the Anti-Bullying Bill of Rights, The law mandates strict guidelines that schools must have in place to curb bullying. Educators are saying this law goes too far and that they don't have the resources to implement all the required additions. Further, it puts another developmental education burden on schools when parents should be raising their kids. See the NYT article on this at: www.nytimes.com/2011/08/31/nyregion/bullying-law-puts-new-jersey-schools-on-the-spot.html

What can we do before each state mandates such strict requirements?

- 1- Have a program that works. (Mine costs the school \$25.)
- 2- Put bullying and teasing into your disciplinary system. When incidents occur, a student(s) is disciplined.
- 3- Insist your teachers and all staff stop such useless interventions as simply telling students, "Knock it off." "How would you like it." "Take it outside." (They will.)
Replace these weak statements with the power to give bullying students a detention when they yell out insults to others in class or any other such bullying behavior or precursors. STOP IT EARLY!