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Dr. Mayer's Memo

Volume No.

What Are Mayer's Memos?

Attached are samples from this past year of **Mayer's Memo**. They are a true memo, not a newsletter. Each memo is a personal communication between the readers and myself. Each issue takes a concern about young people or families and provides the latest research thinking on that topic blended with my own 20 years of experience with schools and troubled youth. The memos are always short, sweet and to the point as you can see from these samples.

Mayer's Memo started 12 years ago as a way for me to communicate to the many schools I consult to across the country. Quite frankly, I often found myself saying the same message but on a different day at a different school. It dawned on me (duh!) that the schools were grappling with similar problems with young people and families. The idea of a personal memo came more out of being efficient with my time than any clever marketing idea. In fact, I do not charge for the memos, I simply ask that you: Do not reproduce my research and experience without giving me credit. If you find that they are not of use to you in your work then just let me know so I save the costs involved. And finally, please keep me in mind as a consultant and/or clinician as the fees I charge not only offset this outreach, but this is how I feed my family.

I will humbly admit that I have received awards for these memos and a great deal of praise from the readers over the years. I will also humbly admit that this is a home spun operation. So please forgive the occasional grammar mistake or malapropism.

If you or someone you know would like to be on my mailing list, simply send or fax me a note and I would be glad to include you.

Thanks for letting me help our youth, their families and our schools.

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Suicide issues in young people

Teacher Burn-out I + II

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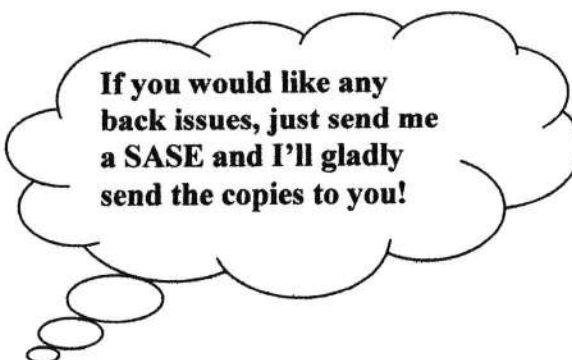
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